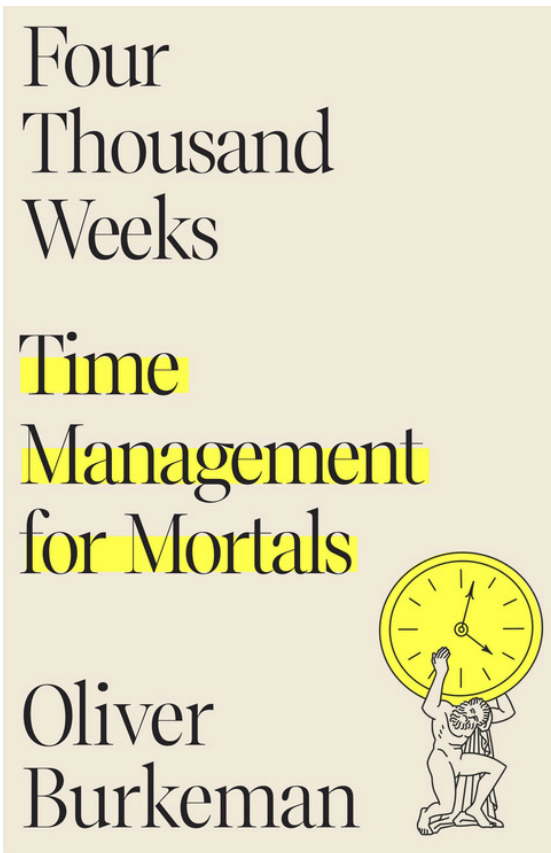


# SERENT SUMMER READING LIST



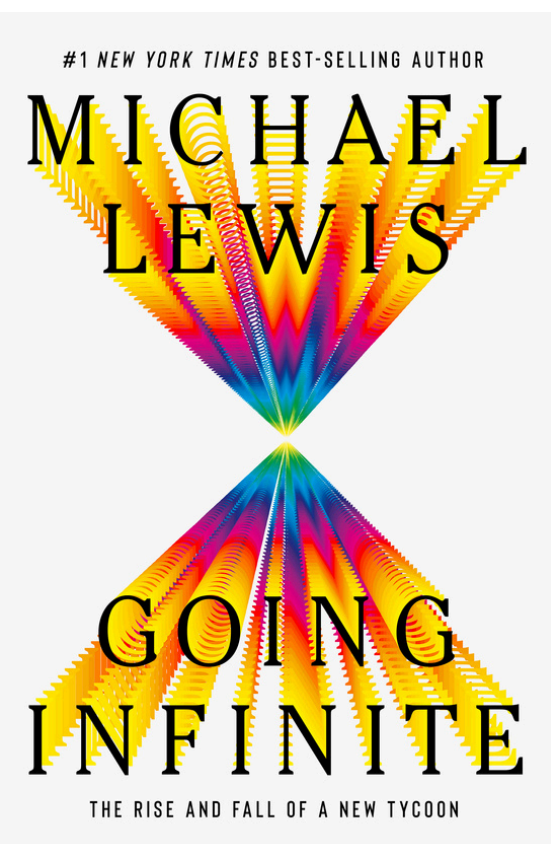
## WISDOM & WELLNESS



- **4000 Weeks by Oliver Burkeman**  
This thought-provoking book tackles time management from a unique angle, encouraging readers to embrace the reality of our limited time and focus on what truly matters.
- **The Anxious Generation**  
An insightful exploration of the increasing anxiety levels in modern society, examining its causes, impacts, and potential solutions.
- **The Blessings of a Skinned Knee by Wendy Mogel**  
Wendy Mogel combines Jewish teachings with modern psychology to offer a refreshing approach to parenting. This guide helps parents raise children who are self-reliant, compassionate, and ethical.
- **Grieving Room by Leanne Friesen**  
A heartfelt memoir that delves into personal loss and grief, offering solace and understanding to those navigating their own journeys of mourning.
- **Stillness is the Key by Ryan Holiday**  
A guide to achieving inner peace and mental clarity through the principles of stillness, drawing on insights from philosophy, history, and mindfulness.
- **Outlive by Peter Attia**  
This book takes a comprehensive look at the science behind living longer and healthier. Peter Attia provides practical advice on optimizing nutrition, exercise, sleep, and emotional well-being to extend your lifespan and improve your quality of life.
- **The Courage to Be Disliked by Ichiro Kishimi and Fumitake Koga**  
A philosophical dialogue that explores the principles of Adlerian psychology, encouraging readers to break free from societal expectations and embrace true self-acceptance.

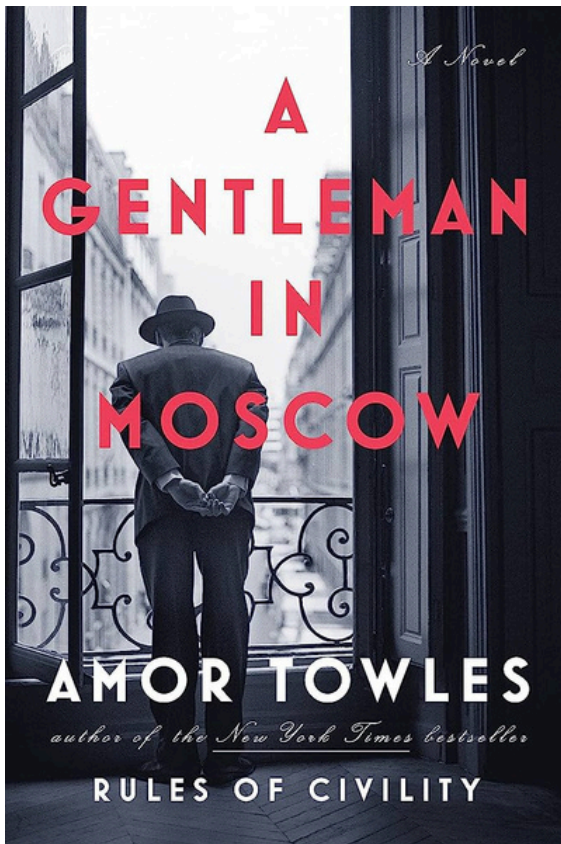


## BUSINESS AND FINANCE



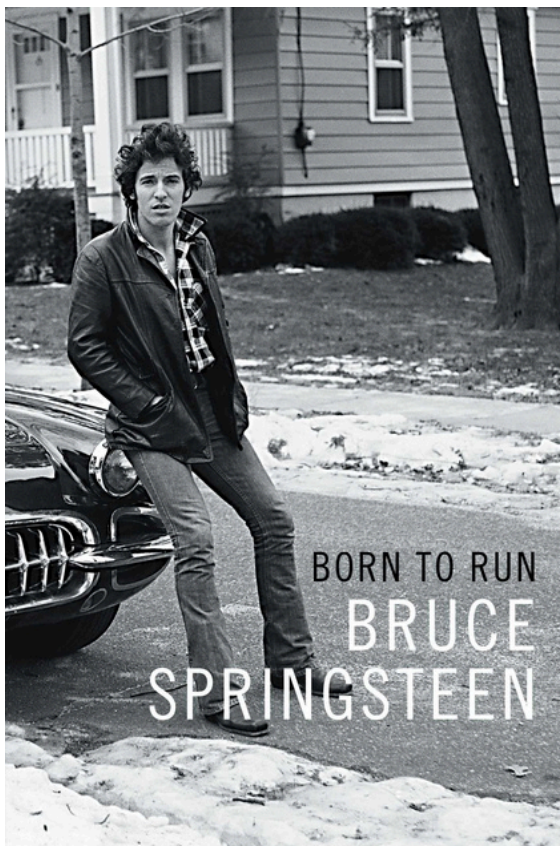
- **Principles for Dealing with the Changing World Order by Ray Dalio**  
Ray Dalio uses historical cycles to make sense of today's economic and political landscape. His insights help readers navigate the complexities of the current world order.
- **Burn Rate by Andy Dunn**  
An inside look at the rise and fall of a startup, detailing the financial and emotional rollercoaster of entrepreneurial life and the lessons learned along the way.
- **Build by Tony Fadell**  
Tony Fadell shares his extensive experience in the tech industry, offering practical advice on creating innovative products and building successful companies.
- **Going Infinite by Michael Lewis**  
Michael Lewis tells the story of a groundbreaking financial innovation, detailing its creation, impact, and the key players involved. This book offers a deep dive into a major shift in the financial world.
- **Competing in the Age of AI by Marco Iansiti and Karim R. Lakhani**  
An analysis of how AI is transforming business strategies, competition, and management practices in the digital age.

## CLASSIC AND LITERARY FICTION



- **The Count of Monte Cristo by Alexandre Dumas**  
This timeless classic follows the epic journey of Edmond Dantès, a wronged sailor who transforms into the mysterious Count of Monte Cristo. It's a tale of betrayal, revenge, and ultimate redemption.
- **Brothers Karamazov by Fyodor Dostoevsky**  
A philosophical and psychological masterpiece that explores the complexities of faith, doubt, and morality through the lives of the Karamazov family.
- **A Gentleman in Moscow by Amor Towles**  
Set in the aftermath of the Russian Revolution, this novel follows Count Alexander Rostov, who is sentenced to house arrest in a grand hotel and discovers a new way of life within its walls.

## HISTORICAL AND CULTURAL STUDIES



- **Owens Valley Revisited**  
A detailed historical account of Owens Valley, exploring its environmental changes, cultural significance, and the impact of water diversion on the region.
- **Escape from Rome by Walter Scheidel**  
Walter Scheidel analyzes the fall of the Roman Empire and how its collapse set the stage for modern Western civilization. This book highlights key historical developments and their enduring impact.
- **Killers of the Flower Moon by David Grann**  
A gripping true crime story that investigates the Osage murders and the birth of the FBI, shedding light on a dark chapter in American history.
- **Born to Run by Bruce Springsteen**  
Bruce Springsteen's autobiography offers a candid look at his life and career. He shares insights into his creative process, personal struggles, and the experiences that shaped his music.